

## Long Course JO's

Ohio Swimming 2011 Long Course Junior Olympic Qualifying Times						
GIRLS				BOYS		
13 - 14	11 - 12	10 & Under		10 & Under	11 - 12	13 - 14
29.79	31.09	34.79	<b>50 Free</b>	35.89	31.49	28.19
1:04.79	1:07.79	1:18.49	<b>100 Free</b>	1:19.49	1:08.79	1:01.19
2:20.59	2:28.09	2:51.19	<b>200 Free</b>	2:54.19	2:28.69	2:14.79
4:57.69	5:14.99		<b>400 Free</b>		5:15.49	4:46.29
20:10.59			<b>1500 Free</b>			19:16.79
	36.49	41.69	<b>50 Back</b>	43.09	36.99	
1:15.09	1:19.69	1:31.09	<b>100 Back</b>	1:34.29	1:20.69	1:12.29
2:40.29			<b>200 Back</b>			2:36.19
	41.49	46.99	<b>50 Breast</b>	49.69	42.19	
1:25.49	1:30.99	1:44.59	<b>100 Breast</b>	1:49.79	1:32.79	1:22.19
3:03.99			<b>200 Breast</b>			2:59.89
	34.29	39.49	<b>50 Fly</b>	41.69	35.89	
1:12.89	1:18.39	1:34.99	<b>100 Fly</b>	1:43.29	1:22.29	1:09.49
2:48.59			<b>200 Fly</b>			2:39.79
2:39.99	2:49.79	3:15.09	<b>200 IM</b>	3:24.09	2:54.39	2:30.99
5:40.69			<b>400 IM</b>			5:28.89
2:08.99	2:17.99	2:41.99	<b>200 Free Relay</b>	2:42.99	2:24.99	2:03.99
4:45.99	5:04.99		<b>400 Free Relay</b>		5:16.99	4:32.99
10:37.99			<b>800 Free Relay</b>			10:39.99
2:27.99	2:36.99	3:11.99	<b>200 Med Relay</b>	3:04.99	2:41.99	2:22.99
5:15.99	5:51.99		<b>400 Med Relay</b>		6:00.99	5:03.99

1. Updated 5-03-11
2. Acceptable times for Long Course Junior Olympics are (since January 1, 2010):
3. Long Course Meters (L), and Short Course Yards (Y), and seeded in (LY) order.
4. Entries limited to 7 individual events for 2011.